



DURING THE WEEK

Try to pray the divine mercy Chaplet. Say many times each day, Jesus, I trust in you.

CATECHISM OF THE CATHOLIC CHURCH

Baltimore Catechism

382. What are the effects of the sacrament of Penance, worthily received?

The effects of the sacrament of Penance, worthily received, are:

- the restoration or increase of sanctifying grace;
- the forgiveness of sins;
- the remission of the eternal punishment, if necessary, and also of part, at least, of the temporal punishment, due to our sins; the help to avoid sin in future; the restoration of the merits of our good works if they have been lost by mortal sin.

383. What else does the sacrament of Penance do for us?

The sacrament of Penance also gives us the opportunity to receive spiritual advice and instruction from our confessor.

384. What must we do to receive the sacrament of Penance worthily?

To receive the sacrament of Penance worthily, we must:

- examine our conscience;
- be sorry for our sins;
- have the firm purpose of not sinning again;
- confess our sins to the priest;
- be willing to perform the penance the priest gives us.

ON THE WAY TO MASS TODAY

What is Divine Mercy Sunday?

ON THE WAY HOME FROM MASS TODAY

Divine Mercy Sunday is the Sunday after Easter. That day is called the "octave" of Easter since we celebrate the Feast for 8 days. We celebrate on that day the Mercy of God which he shows us by the forgiveness of sins. On this feast we bless or display an image of Jesus that represents the way he appeared to St. Faustina. She is the Saint to whom Jesus delivered his messages about His Mercy. St. John Paul II, who will be canonized today is the pope who Established the feast of Divine Mercy and canonized St. Faustina (officially declared her to be a Saint.)



ON THE WAY TO MASS NEXT SUNDAY

Do you know that May is the Month of Mary?