



ON THE WAY TO MASS TODAY

What does it mean to be humble?

DURING THE WEEK

There is no doubt about it: humility is the foundation of the entire spiritual life. Without this virtue, we will never advance in holiness. Yet, humility is not simply an abstraction to be admired—it is a virtue to be learned and practiced through the often painful circumstances of daily life. Let us always strive to be humble, then, in imitation of Jesus Christ, who “emptied himself, taking the form of a servant, being born in the likeness of men.”

Practice seeing and admiring the good in others, and acknowledging our own faults.

 Read the Gospel and Color



ON THE WAY TO MASS NEXT SUNDAY

What does it mean to be vigilant?

ON THE WAY HOME FROM MASS TODAY

Humility is the quality of being humble and means putting the needs of another person before your own, and thinking of others before yourself. It also means not drawing attention to yourself, and it can mean acknowledging that you are not always right.

CATECHISM OF THE CATHOLIC CHURCH

135. Which are some of the other moral virtues?

Some of the other moral virtues are:

- Filial piety and patriotism, which dispose us to honor, love, and respect our parents and our country.
 - Obedience, which disposes us to do the will of our superiors.
 - Veracity, which disposes us to tell the truth.
 - Liberality, which disposes us rightly to use worldly goods.
 - Patience, which disposes us to bear up under trials and difficulties.
 - Humility, which disposes us to acknowledge our limitations.
- Chastity, or purity, which disposes us to be pure in soul and body.