



### ON THE WAY TO MASS TODAY

What do we mean by the Holy Trinity?

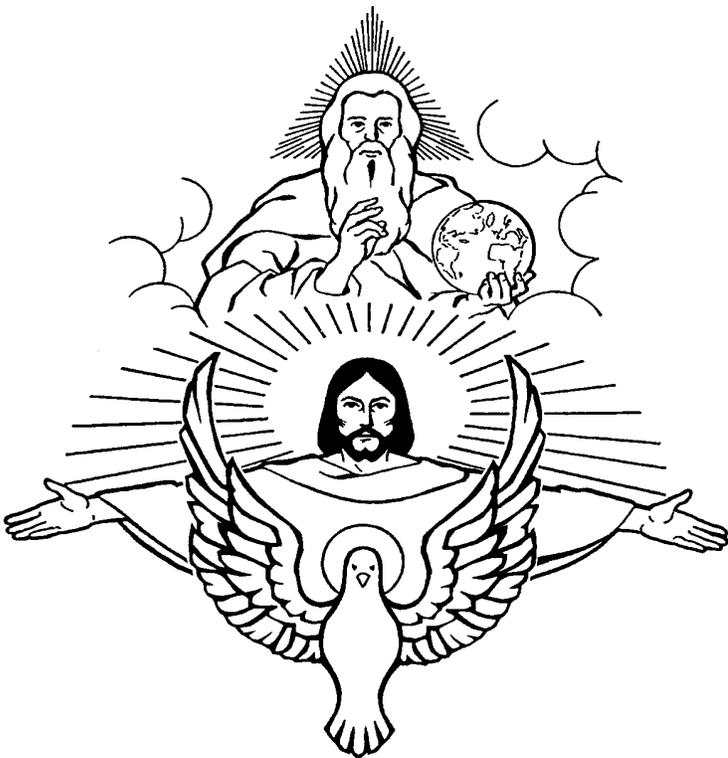
### ON THE WAY HOME FROM MASS TODAY

By the Holy Trinity we mean, one and the same God in three Divine Persons. As scripture teaches: Going, therefore, teach ye all nations; baptizing them in the name of the Father and of the Son and of the Holy Ghost (Matthew 28:19)

### DURING THE WEEK

We begin prayer with the Sign of the Cross. As you make the sign of the Cross, think about what it means to be making the Sign of the Cross.

When we say "In the name," we express the truth that there is only one God; when we say "of the Father, and of the Son, and of the Holy Ghost," we express the truth that there are three distinct Persons in God; and when we make the form of the cross on ourselves, we express the truth that the Son of God, made man, redeemed us by His death on the cross.



### CATECHISM OF THE CATHOLIC CHURCH

24. Is there only one God?

Yes, there is only one God.

*I am the Lord, and there is none else: there is no God besides me (Isaiah 45:5)*

25. How many Persons are there in God?

In God there are three Divine Persons—the Father, the Son, and the Holy Ghost.

*Going, therefore, teach ye all nations; baptizing them in the name of the Father and of the Son and of the Holy Ghost. (Matthew 28:19)*

26. Is the Father God?

The Father is God and the first Person of the Blessed Trinity.

*Blessed be the God and Father of our Lord Jesus Christ (1 Corinthians 1:3)*

27. Is the Son God?

The Son is God and the second Person of the Blessed Trinity.

*In the beginning was the Word, and the Word was with God, and the Word was God. (John 1:1)*

28. Is the Holy Ghost God?

The Holy Ghost is God and the third Person of the Blessed Trinity.

*Do you not know that you are the temple of God and that the Spirit of God dwells in you? (1 Corinthians 3:16)*

29. Are the three Divine Persons one and the same God?

The Three Divine Persons are the one and the same God, having one and the same Divine Nature and substance.

30. Are the three Divine Persons really distinct from one another?

The three Divine Persons are really distinct from one another.

*And the Holy Ghost descended in a bodily shape, as a dove upon him. And a voice came from heaven: "Thou art my beloved Son In thou I am well pleased" (Luke 3:22)*

### ON THE WAY TO MASS NEXT SUNDAY

What do we celebrate on the Feast of the Most Holy Body and Blood of Christ?