



ON THE WAY TO MASS TODAY

What did God give to the Israelites in the desert?

ON THE WAY HOME FROM MASS TODAY

God gave the Israelites Manna to eat in the desert. It was food given to them in a miraculous way each.

CATECHISM OF THE CATHOLIC CHURCH

Q. 878. How do we know that it is possible to change one substance into another?

A. We know that it is possible to change one substance into another, because:

1. God changed water into blood during the plagues of Egypt.
2. Christ changed water into wine at the marriage of Cana.
3. Our own food is daily changed into the substance of our flesh and blood; and what God does gradually, He can also do instantly by an act of His will.

Q. 879. Are these changes exactly the same as the changes that take place in the Holy Eucharist?

A. These changes are not exactly the same as the changes that take place in the Holy Eucharist, for in these changes the appearance also is changed, but in the Holy Eucharist only the substance is changed while the appearance remains the same.

Q. 880. How do we show that Christ did change bread and wine into the substance of His body and blood?

A. We show that Christ did change bread and wine into the substance of His body and blood:

1. From the words by which He promised the Holy Eucharist;
2. From the words by which He instituted the Holy Eucharist;
3. From the constant use of the Holy Eucharist in the Church since the time of the Apostles;
4. From the impossibility of denying the Real Presence in the Holy Eucharist, without likewise denying all that Christ has taught and done; for we have stronger proofs for the Holy Eucharist than for any other Christian truth.

DURING THE WEEK

We say in the Lord's prayer, "Give us this day our daily Bread".

Say the "Our Father" prayer daily!



Read the Gospel and Color

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ON THE WAY TO MASS NEXT SUNDAY

What did Jesus say that He would give for the life of the world?