



### DURING THE WEEK

One of the memorial acclamations at Mass (we say in response to “The Mystery of Faith”) makes the connection between the gift of the Holy Eucharist and the Sacrificial Death of our Lord on the Cross: **“When we eat this Bread and Drink this Cup, we proclaim your Death, O Lord, until you come again.”**

### CATECHISM OF THE CATHOLIC CHURCH

The Mass is “The *memorial* of the Lord's Passion and Resurrection.”

The *Holy Sacrifice*, because it makes present the one sacrifice of Christ the Savior and includes the Church's offering. The terms *holy sacrifice of the Mass*, “*sacrifice of praise*,” *spiritual sacrifice*, *pure and holy sacrifice* are also used,<sup>150</sup> since it completes and surpasses all the sacrifices of the Old Covenant.

The *Holy and Divine Liturgy*, because the Church's whole liturgy finds its center and most intense expression in the celebration of this sacrament; in the same sense we also call its celebration the *Sacred Mysteries*. We speak of the *Most Blessed Sacrament* because it is the Sacrament of sacraments. The Eucharistic species reserved in the tabernacle are designated by this same name.

### ON THE WAY TO MASS TODAY

What did Jesus say that He would give for the life of the world?

### ON THE WAY HOME FROM MASS TODAY

Jesus said that the bread He would give is His Flesh, for the life of the world. He did this in two ways. He offered Himself on the cross, and He gave us the Eucharist, which is His very Body and Blood.



Read the Gospel and Color



### ON THE WAY TO MASS NEXT SUNDAY

What does Jesus say we must do if we want to have eternal life?