



DURING THE WEEK

Learn this prayer of faith.

“My God I believe, I adore, I trust, and I love you, and I beg pardon for those who do not believe, do not adore, do not trust, and do not love you.”

 Read the Gospel and Color



ON THE WAY TO MASS NEXT SUNDAY

What prayer does the priest say while washing his hand during the Mass?

ON THE WAY TO MASS TODAY

Who has the Words of Eternal Life?

ON THE WAY HOME FROM MASS TODAY

When the Apostles were asked by Jesus if they wanted to leave him as others did, St. Peter replied, “Lord, to whom shall we go? You have the words of Eternal Life.” St. Peter showed us that even when we don’t understand what God wants from us, or is doing in our lives, we continue to trust in Him!

CATECHISM OF THE CATHOLIC CHURCH

251. Q. Why did Christ institute the Holy Eucharist?

A. Christ instituted the Holy Eucharist:

1. To unite us to Himself and to nourish our soul with His divine life.
2. To increase sanctifying grace and all virtues in our soul.
3. To lessen our evil inclinations.
4. To be a pledge of everlasting life.
5. To fit our bodies for a glorious resurrection.

To continue the sacrifice of the Cross in His Church.

252. Q. How are we united to Jesus Christ in the Holy Eucharist?

A. We are united to Jesus Christ in the Holy Eucharist by means of Holy Communion.

253. Q. What is Holy Communion?

A. Holy Communion is the receiving of the Body and Blood of Christ.

254. Q. What is necessary to make a good Communion?

A. To make a good Communion it is necessary to be in the state of sanctifying grace, to have a right intention, and to obey the laws of fasting. (See Q. 257.)