



DURING THE WEEK

Make an act of Contrition:

My God I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend with your help to confess my sins, to do penance and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for me, in His name my God have mercy.

CATECHISM OF THE CATHOLIC CHURCH

Baltimore Catechism :

379. What is the sacrament of Penance?

Penance is the sacrament by which sins committed after Baptism are forgiven through the absolution of the priest.

384. What must we do to receive the sacrament of Penance worthily?

To receive the sacrament of Penance worthily, we must: examine our conscience; be sorry for our sins;

have the firm purpose of not sinning again; confess our sins to the priest; be willing to perform the penance the priest gives us.

385. What is an examination of conscience?

An examination of conscience is a sincere effort to call to mind all the sins we have committed since our last worthy confession.

ON THE WAY TO MASS TODAY

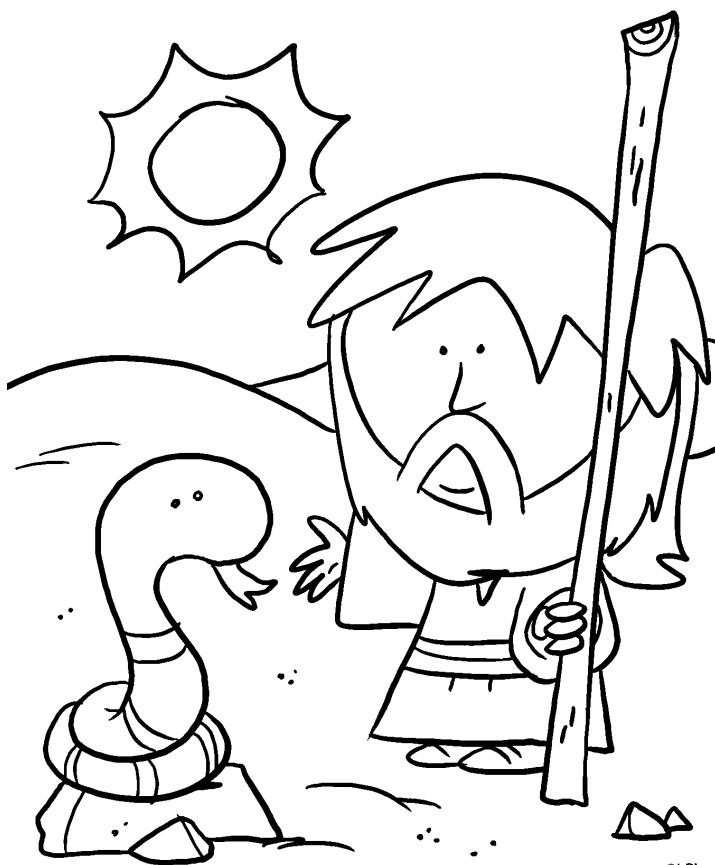
What is reconciliation?

ON THE WAY HOME FROM MASS TODAY

Reconciliation is the repairing of a broken relationship. There is an exchange of sorrow for offenses and forgiveness. When we reconcile with our neighbor there is mutual forgiveness, when we reconcile with God, He forgives our sins. Jesus is the one who reconciles us with His Father. We experience His forgiveness in the Sacrament of Baptism and the Sacrament of Reconciliation, which we sometimes call Confession or Penance.



Read the Gospel and Color



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ON THE WAY TO MASS NEXT SUNDAY

What is mercy?